

## Spackenkill High School February 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Served Daily</u> - PB &amp; Jelly                      Deli Turkey Sandwich                      Ham &amp; Cheese Sandwich                      Tuna Salad Sandwich                      Homemade Hummus Spread                      w/toasted everything bagel                      Garden Salad w/chicken or cheese                      Strawberry Yogurt Parfait</p>	<p><u>5 Vegetable Groups Offered Weekly</u></p> <ul style="list-style-type: none"> <li>• Dark Green</li> <li>• Red/Orange</li> <li>• Legumes (dried beans &amp; peas)</li> <li>• Starchy</li> <li>• Other as defined in guidelines</li> </ul>	<p><b>** Earn While Your Children Learn **</b></p> <p><b>Part-time Food Service Worker Positions Available</b></p>	<p style="text-align: right;"><b>1</b></p> <p>Pizzeria Slice OR Chicken Pattie                      Homemade Split Pea Soup                      Fresh Seasonal Fruit</p>	<p style="text-align: right;"><b>2</b></p> <p>Nacho's w/meat &amp; cheese OR Toasted Mozzarella Sandwich OR Falafel Pita                      Homemade Pumpkin Soup                      Fresh Seasonal Fruit</p>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p>Chicken Fajita w/cheese &amp; salsa OR Spicy Chicken Ranch Pizza OR Meatball sub                      Steamed Corn                      Fresh Seasonal Fruit</p>	<p>Cheeseburger w/oven fries OR Personal Pizza OR Turkey Club Sandwich                      Homemade Vegetable soup                      Fresh Seasonal Fruit</p>	<p>Chicken Parmigiana w/ pasta OR Personal Pizza OR Mozzarella Sticks w/garlic bread                      Fresh Spinach Salad                      Fresh Seasonal Fruit</p>	<p>Pizzeria Slice OR Chicken Pattie                      Black Bean Salad                      Fresh Seasonal Fruit</p>	<p>Nacho's w/meat &amp; cheese OR Toasted Mozzarella Sandwich OR Falafel Pita                      Fresh Butternut Squash                      Fresh Seasonal Fruit</p>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<p>Seasoned Chicken w/rice OR Spicy Chicken Ranch Pizza OR Meatball sub <b>Green Peas</b>                      Fresh Seasonal Fruit</p>	<p>Cheeseburger w/oven fries OR Personal Pizza OR Turkey Club Sandwich                      Green Beans                      Fresh Seasonal Fruit</p>	<p>Chicken Parmigiana w/ pasta OR Personal Pizza OR Mozzarella Sticks w/garlic bread                      Collard Greens                      Fresh Seasonal Fruit</p>	<p>Pizzeria Slice OR Chicken Pattie                      Homemade Lentil Soup                      Fresh Seasonal Fruit</p>	<b>MID-WINTER RECESS</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>MID-WINTER RECESS</b>	<p>Chicken Fajita w/cheese &amp; salsa OR Spicy Chicken Ranch Pizza OR Meatball sub <b>Green Beans</b>                      Fresh Seasonal Fruit</p>	<p>Chicken Parmigiana w/ pasta OR Personal Pizza OR Mozzarella Sticks w/garlic bread                      Steamed Broccoli                      Fresh Seasonal Fruit</p>	<p>Pizzeria Slice OR Chicken Pattie                      Homemade Navy Bean Soup                      Fresh Seasonal Fruit</p>	<p>Nacho's w/meat &amp; cheese OR Toasted Mozzarella Sandwich OR Falafel Pita                      Sweet Potato                      Fresh Seasonal Fruit</p>
<b>26</b>	<b>27</b>	<b>28</b>	<p>This institution is an equal opportunity provider</p> <p><i>Menu is subject to change due to product availability or unforeseen circumstances</i></p>	
<p>Chicken Fajita w/cheese &amp; salsa OR Spicy Chicken Ranch Pizza OR Meatball sub Spicy <b>Water Chestnuts</b>                      Fresh Seasonal Fruit</p>	<p>Cheeseburger w/oven fries OR Personal Pizza OR Turkey Club Sandwich                      Homemade Vegetable soup                      Fresh Seasonal Fruit</p>	<p>Chicken Parmigiana w/ pasta OR Personal Pizza OR Mozzarella Sticks w/garlic bread                      Romaine Salad                      Fresh Seasonal Fruit</p>		