

Todd Middle School October 2017 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Pasta w/meat sauce OR Mozzarella Sticks w/ Three Grain Pilaf OR Personal Pizza Green Peas Fresh Seasonal Fruit	Nacho's w/meat & cheese OR Roasted Turkey & Rice OR Falafel Pita Steamed carrots Fresh Seasonal Fruit	Cheeseburger w/ oven baked garlic fries OR Personal Pizza OR Toasted Cheese Sandwich Homemade Vegetable soup Fresh Seasonal Fruit	Pizzeria Slice OR Chicken Pattie on bun OR SPAGEL Homemade Split Pea Soup Fresh Seasonal Fruit	General Tso Chicken over rice OR Meatball Sub OR Ham & Cheese Pockets Steamed Fresh Broccoli Fresh Seasonal Fruit
9	10	11	12	6
Columbus Day	Teriyaki Ginger Chicken over rice OR Meatball Sub OR Ham & Cheese Pockets Kernel Corn Fresh Seasonal Fruit	Toasted Cheese Sandwich OR Cheeseburger w/ oven baked garlic fries OR Personal Pizza Homemade Vegetable soup Fresh Seasonal Fruit	Chicken Pattie on bun or Pizzeria Slice OR SPAGEL Homemade White Bean Soup Fresh Seasonal Fruit	Roasted Turkey & Rice OR Nacho's w/meat & cheese OR Falafel Pita Homemade Pumpkin Soup Fresh Seasonal Fruit
16	17	18	19	6
Baked Macaroni & cheese OR Mozzarella Sticks w/garlic bread OR Personal Pizza Escarole w/garlic and oil Fresh Seasonal Fruit	General Tso Chicken over rice OR Meatball Sub OR Ham & Cheese Pockets Steamed Fresh Broccoli Fresh Seasonal Fruit	Cheeseburger w/ oven baked garlic fries OR Personal Pizza OR Toasted Cheese Sandwich Homemade Vegetable soup Fresh Seasonal Fruit	Pizzeria Slice OR Chicken Pattie on bun OR SPAGEL Homemade Lentil Soup Fresh Seasonal Fruit	Nacho's w/meat & cheese OR Roasted Turkey & Rice OR Falafel Pita Fresh Butternut Squash Fresh Seasonal Fruit
23	24	25	26	6
Pasta w/meat sauce OR Mozzarella Sticks w/ Three Grain Pilaf OR Personal Pizza Spicy Collard Greens Fresh Seasonal Fruit	Chicken Fajita OR Meatball Sub OR Ham & Cheese Pockets Lima Beans Fresh Seasonal Fruit	Toasted Cheese Sandwich OR Cheeseburger w/ oven baked garlic fries OR Personal Pizza Homemade Vegetable soup Fresh Seasonal Fruit	Chicken Pattie on bun or Pizzeria Slice OR SPAGEL Homemade Cream of Garbanzo Bean Soup Fresh Seasonal Fruit	Roasted Turkey & Rice OR Nacho's w/meat & cheese OR Falafel Pita Fresh Tomato & Basil Salad Fresh Seasonal Fruit
30	31	Served Daily - PB & Jelly Deli Turkey Sandwich Ham & Cheese Sandwich Tuna Salad Sandwich Homemade Hummus Spread w/toasted everything bagel Garden Salad w/chicken or cheese		5 Vegetable Groups Offered Weekly <ul style="list-style-type: none"> • Dark Green • Red/Orange • Legumes (dried beans & peas) • Starchy • Other as defined in guidelines
Baked Macaroni & cheese OR Mozzarella Sticks w/garlic bread OR Personal Pizza Spicy Collards Fresh Seasonal Fruit	General Tso Chicken over rice OR Meatball Sub OR Ham & Cheese Pockets Steamed Fresh Broccoli Fresh Seasonal Fruit	This institution is an equal opportunity provider <i>Menu is subject to change due to product availability or unforeseen circumstances</i>		